

LIFETRACK® BASICS



LIFETRACK Basics – Convenient Stick Packs

So good, children may not want to share with their parents!

- 16 Vitamins & Minerals for solid nutritional foundation
- Healthy Gut Flora for a well-functioning intestinal tract
- Contains Cellular Energy™ for healthy heart, brain & body function
- Great immune support
- Powdered formula in convenient stick packs to mix with your favorite beverage

This LIFETRACK® product contains the best ingredients from three of Conklin's tried and true products: Cellular Energy™, Probiotic Support™, and LIFETRACK® Multi-Vitamin & Mineral Supplement. The watermelon-berry flavor, combined with convenient packaging, supports families who are on the go and desire to get back to the basics on their daily nutrition.

"Lifetrack® Basics is an easy to carry, complete great tasting multi-vitamin nutritional formula for both children (and adults) that packs a wide spectrum of brain, digestion, and immune support. In this fast, stressful world, the Conklin Lifetrack Basics mobile supplement innovation makes it easier to ensure that your body gets the critical nutritional ingredients needed to keep you thinking and feeling well."

- Robert D. Milne, M.D. +

+ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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For Your Information

Usage

Essential Nutrition	Children 4-12	Age 12 and over	Adult Health Maintenance	Adult Health Challenges
LIFETRACK® Basics	Add 1/2 packet to food or beverage daily	Add 1 packet to food or beverage daily	Add 1 packet to food or beverage daily	Add 1-2 packets to food or beverage daily

Supplement Facts

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Serving Size 1 Stick Pack Servings Per Container 30

	Amount Per Serving	% DV
Calories	45	
Carbohydrates	9 gm	3
Sugars	4 gm	
Protein	1 gm	<2
Fiber	1 gm	3
Ingredient Name	Yield	Units % DV
Vitamin A (palmitate (60%), beta-carotene (40%))	5000	iu 100
Vitamin C (ascorbic acid)	60	mg 100
Vitamin D (cholecalciferol beadlets, vitamin D3)	500	iu 125
Vitamin E (d-alpha tocopheryl acetate)	30	iu 100
Thiamin (thiamin HCL)	1.5	mg 100
Riboflavin (riboflavin, riboflavin-5-phosphate (co-enzyme B2))	1.7	mg 100
Niacin (niacinamide)	20	mg 100
Vitamin B6 (pyridoxine HCL, pryridoxal-5-phosphate (co-enzyme B6))	3	mg 150
Folic acid	400	mcg 100
Vitamin B12 (methylcobalamin)	100	mcg 1667
Biotin	600	mcg 200
Pantothenic acid (calcium pantothenate)	10	mg 100
Calcium (carbonate)	30	mg 3
Iodine (potassium iodide)	150	mcg 100
Magnesium (oxide)	60	mg 15
Zinc (citrate)	7.5	mg 50
Neuro-Tonin	465	mg **
Choline bitartrate, l-tyrosine, n-acetyl carnitine, inositol, l-tryptophan, GABA (GammaAminoButyricAcid).		
Gut Integrity	2850	mg **
Organic glycoprotein blend (organic brown rice flour, organic short grain rice flour, organic fragrant rice flour), kale, beet juice, Fruitful Berries (pineapple juice, mango fruit, papaya juice, carrot juice, strawberry juice, black currant juice, orange juice, plum juice, raspberry juice, cherry juice, blueberry juice, pomegranate juice, apple juice, banana, watermelon juice, grapefruit juice, mangosteen fruit), n-acetyl-d-glucosamine (crustacean), l-glutamine, blueberry fruit, sunflower lecithin (non GMO), rose hips, zucchini, organic parsley leaf, ribose-polysaccharide complex, tart cherry, ashwaganda extract, organic cabbage, chamomile flower, ligusticum extract, quercetin dihydrate, ginkgo leaf extract 24% flavone glycosides 6% terpene lactones, gotu kola extract.		
Prebiotic Incubator	2000	mg **
Prebiotic soluble tapioca fiber, apple, marshmallow root, inulin, fermented green papaya, Jerusalem artichoke, apple pectin, chicory root, kudzu vine root.		
Probiotic Blend	75.5	mg **
Bifidobacterium bifidum, Bifidobacterium longum, Bifidobacterium breve, Lactobacillus acidophilus, Lactobacillus rhamnosus, Lactobacillus casei, Lactobacillus plantarum, Lactobacillus bulgaricus, Lactobacillus salivarius.		
Other Ingredients: Organic evaporated cane juice, natural citrus and cherry flavor, citric acid, gum arabic, xanthan gum, lo han guo extract, stevia leaf extract.		

**daily value not established. %DV Based on 2000 Calorie Diet.

