

His & Her Defense™ *Next Generation*



His & Her formulas for your daily health protection - and great source of Omega 3!

His Defense Next Generation

- Vegan formula
- Supports Prostate Health
- Key Vitamins & Minerals, including A, D, & C
- Contains Spirulina and Barley that provide a natural energy spark

Her Defense Next Generation

- Vegan formula
- Helps with female health
- Key Vitamins & Minerals including B, C, & Iodine

Be Your Own Health Advocate

At Conklin, we believe that you know best when it comes to taking care of yourself, and how important it is to gather information to further your quest for good health.



• *These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

CONKLIN®

His & Her Defense™ Next Generation



For Your Information

Usage

Essential Nutrition	Adult Health Maintenance	Adult Health Challenges	Children (ages 0-3)	Children (ages 4-9)	Children (ages 10+)
His Defense Next Generation	2 capsules daily with or without food	4 capsules daily with or without food	N/A	1 capsule daily with or without food	1 to 2 capsules daily with or without food
Her Defense Next Generation	2 capsules daily with or without food	4 capsules daily with or without food	N/A	1 capsule daily with or without food	1 or 2 capsules daily with or without food

As a Dietary Supplement: Take two capsules daily with or without food.

Supplement Facts - His Defense Next Generation

2 Capsules Contain:	% Daily Value	
Vitamin A (as beta-carotene)	2500 iu	50
Vitamin C (as magnesium ascorbate)	53 mg	88
Vitamin D (as cholecalciferol, vitamin D ₃)	800 iu	200
Vitamin K (as phytonadione, vitamin K ₁)	80 mcg	100
Vitamin B ₆ (as pyridoxine HCL)	10 mg	500
Iodine (as potassium iodide)	500 mcg	333
Zinc (as zinc amino acid chelate)	15 mg	100
Potassium (as potassium aspartate)	5.5 mg	**
Essential Lipids* (DHA algal complex (17.5% DHA Omega 3, 9% DPA Omega 6), tocotrienols complex (palm oil), phytosterols)	84 mg	†
Heart Energy* (spirulina, organic barley grass juice, fermented red yeast rice, dong quai root, poria, hawthorn berry extract, codonopsis, jujube fruit extract, silk tree bark, Chinese peony flower extract, ligusticum extract, N-Acetyl Cysteine, L-Taurine, biota seed, lily turf root, bupleurum extract, fo ti rhizome extract (he shou wu), dwarf morning glory root extract)	570 mg	†
Prostate Support* (saw palmetto berry extract (sterols and sterolins), pygeum extract (sterols and sterolins), milk thistle seed extract (80% silymarin), boswellia extract (65% organic acids), lycopene extract, white willow extract, bromelain 2000 gdu/gr, plant enzymes (amylase 23,500 SKB, protease 58,000 HUT, lipase I & II 1,100 LU, hemicellulase 1,560 HCU, lactase 1,155 FCC), L-Alanine, L-Glycine, nettle root pwd, nettle leaf, papain 40,000 FCC)	556 mg	†

† Daily Value not established. Other Ingredients: Cellulose (veggie capsule), mint



Supplement Facts - Her Defense Next Generation

2 Capsules Contain:	% Daily Value	
Vitamin C (as magnesium ascorbate)	53 mg	88
Vitamin K (as phytonadione, vitamin K ₁)	80 mcg	100
Vitamin B ₆ (as pyridoxine HCL)	14 mg	700
Folic Acid	400 mcg	100
Vitamin B ₁₂ (as cyanocobalamin)	70 mcg	1167
Iodine (as potassium iodide)	75 mcg	50
Zinc (as zinc amino acid chelate)	8 mg	53
Essential Lipids* (DHA algal complex (DHA Omega 3, DPA Omega 6 source), tocotrienols complex (palm oil), phytosterols)	83 mg	†
Heart - Circulation* (spirulina, organic barley grass juice, hawthorn berry extract, butterbur extract (natural petasins, pa free))	291 mg	†
Hormonal Support* (chaste tree berry extract (vitexin & vitexecarpin flavonoids source), dong quai root extract, milk thistle extract, jujube fruit extract, magnolia bark extract, fennel seed, hops flower, lemon balm leaf, chamomile flower extract)	300 mg	†
Urinary Tract Support* (d-mannose, cranberry fruit, raspberry juice)	504 mg	†

† Daily Value not established. Other Ingredients: Rice, methyl cellulose (veggie capsule), mint

*This statement has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

